

Proposed Colorado Men's USAG

State Board- The State Board consists of six members: the State Chairman, 2 Owner Representatives, 2 Coach Representatives and the President of Colorado Judges Association. Each member has a vote except for the President of the Judges Association.

Current Board –

State Chairman – Nate Ragland

Owner Representative – Beth Trammell (5280)

Owner Representative – Tabor Cowden (Pinnacle)

Coach Representative – Wes Olivas (20 Mile)

Coach Representative – Kenzie Churchill (CATS)

President of Judges – Bob Busse

State Chairman Duties –

- Maintain an updated list of all gymnasts, coaches and clubs within the state.
- Maintain electronic communication with all state coaches and clubs. Forward all Regional and National information to all professional members.
- Maintain or oversee a state website.
- Secure bids and oversee execution of State Championships.
- Conduct 2 state meetings per year (one at Championships and one in summer/fall).
- Put together proposed agenda and send to Board and all clubs minimum one week prior to the meeting.
- Oversee meet calendar and collect state and regional head tax.
- Conduct an annual State Clinic.
- Conduct State Chairman election every two years (odd years).
- Oversee election of State Board every two years (even years).
- Attend State Championships.
- Attend Regional Championships.
- Approve or disapprove petitions to State Championships.
- Collect a list of Graduating Senior athletes and recognize them at the state meet.
- Order State Championship individual medals from A1 for each meet host. Maintain and store extra medals.
- Receive and make recommendations for all petitions to the Regional Championships.
- Maintain an open line of communication with the local judging organization.
- Maintain the State bank account with USA Gymnastics.
- Attend all Regional Board meetings and conference calls, or assign a proxy.
- Collect all Regional Championship entry fees, petitions, State results, and other needed paperwork at the State Championships. Enter all the athletes into Regionals via the USA Gymnastics online registration within 24 hours of the State Championships.
- Attend Regional Coaches/Board meetings at the Regional Championships or send a proxy. Prepare a state report that includes the numbers of athletes and clubs within the state as well as the State financial data.
- Attend State Chairman summit if state budget allows.

State Board Duties –

- Maintain an open line of communication with the Chairman and other members of the board and gymnastics community.
- Suggest and ratify changes to Colorado State R&P.
- Participate in State Board meetings or conference calls.
- Attend all State meetings or assign a proxy and help review the agenda for all state meetings.
- Review State Championship bids and vote to award State Championships hosts.
- Fulfill individual assignments on behalf of the State and/or Board.

State Events -

- State Championships (March)
- State Meeting (March at State Championships)
- State Level 6/7 Developmental camp (summer)
- State Clinic (summer/fall)
- State Meeting (summer/fall)
- State Future Stars testing/clinic (September)

State Championships -

- Bids to host State Championships are due no later than the summer/fall state meeting. Bids must be submitted using the Colorado Bid Form found on the website.
- Bids will be awarded as early as possible but no later than November 1st.
- State Board will vote on the bids to host State Championships.
- All gymnasts must attend one sanctioned meet in Colorado to be eligible to compete at the Championships unless Chairman approves eligible petition.
- Clubs must enter their athletes via the USA Gymnastics online registration and send payment to the host clubs no later than Feb. 1st.
- State Championships will be hosted on two separate weekends. Level 6-10 must be at least 3 weeks prior to Regional Championships, level 4-5 will be held the following weekend.
- The State Championships' session format will be decided by the State Board each year to best meet the current needs of the program.
- An attempt should be made to have the meet have a "Championship feel" to it. The State has purchased table clothes, flags and a backdrop that can be used unless host club has their own decorations. Other items can be added, at the host clubs expense to enhance the state meet.
- Entries and payment for Regional Championship must be submitted to the state chairman by the conclusion of level 5 state championship.
- Level 5-10 gymnasts must qualify at State championships for Regional Championships or submit petition to Regional Chairman. Elite team members automatically qualify to Regional Championships (state competition/petition not required).

Hosting an Invitational Meet -

- Meet dates are decided on at the fall state meeting.
- USA Gymnastics Sanction Report Forms (includes Report form along with Judges and Coaches Sign in sheets) should be returned to USA Gymnastics within 48 hours of the completion of the meet. Copies should also be sent to the State Chairman.
- The National Scholarship form and \$1 per athlete should also be sent to the National Office. A copy of the form is included in the sanction packet.
- A Head Tax of \$2 per athlete should be sent to the State Chairman with the other forms. Checks are made out to CO Men's Gymnastics. \$1 of the \$2 is paid to the Region by the State.
- Head tax will be waived for Judge's Cup.
- Coaches attire must follow USA Gymnastics R&P.
 - Closed toe shoes, no sandals.
 - Slacks, Warm up pants or hemmed "dress" shorts (No Denim or "cargo style" – defined as having large flap pockets with a button or snap closure on the front and/or side of the thigh).
 - Collared shirts.
 - No hats.
 - No backpacks while spotting.
 - Dress code infraction may result in removal from the floor.
- Division 1 and Division 2 must have separate awards for individual and team.
- Boys may change between the divisions up until the State meet.
- Level 4 meet awards for individuals should be achievement ribbons for events and medals for AA. Age group placement for AA may be awarded. Individual meets can either flash the scores or colors.
- Ribbon Scores for level 4 are:
 - Division 1:
 - Blue – 9.9 to 11.0
 - Red – 8.8 to 9.8
 - White – 7.7 to 8.7
 - Yellow ≤ 7.6
 - Division 2 (and Vault for both Divisions):
 - Blue – 9.0 to 10.0
 - Red – 8.0 to 8.9
 - White – 7.0 to 7.9
 - Yellow ≤ 6.9

Hosting a State Championship meet -

- Once bids are awarded, the host clubs must apply for a sanction as soon as possible.
- Coordination between the two hosts for the State t-shirts is not required. T-shirt design must be sent to the State Chairman no later than January 15th so that approval from USA Gymnastics can be received in a timely manner.
- The host clubs will be responsible for organizing and running the meet, including being the meet director, running the scoring, giving out awards, announcing, and other similar functions.
- Host gyms are responsible for securing a host hotel located nearby.
- All athletes must be registered for the State championships by February 1st.
- Entry fee for level 4-5 meet is set at \$80 and for level 6-10 is \$100.
- A late fee of \$15 per athlete will be due if monies are not received by the host club by Feb. 1st.
- All the entries fees are paid directly to the host clubs. The host club will also collect all proceeds from concessions, spectator entrance and any other revenue generated outside of the State entry fee.
- Host clubs incur all the costs associated with hosting the meet including judges, awards, food for both concessions and hospitality room and any other goods sold, such as t-shirts.
- A \$2 Head tax is also owed by the State Championship hosts.
- USA Gymnastics R&P at a minimum must be followed for awards.
- Individual medals must be ordered from A1 Awards by the State Chairman no later than 5 weeks prior to the first Championship meet. Host clubs are responsible for getting the Chairman the numbers of awards needed.
- State Chairman will determine the design of the team awards and the host clubs are responsible for ordering what they need from the pre-determined vendor.
- Division 1 and Division 2 must have their own sets of individual and team awards.
- Top 3 scores on each event count towards team awards at each level.
- Specific items that apply to the Level 4 State Championships:
 - Due to the number of level 4s, at least 2 sessions are required. Session placement will be determined once all the entries are received.
 - Scores will be flashed.
 - Achievement ribbons are given for each event.
 - Each athlete receives a participation medal.
 - Top 50% in each age group/division will be placed.
 - Individual age groups will be used – 6yo, 7yo, 8yo, 9yo, 10yo and 11+ yo.
 - For team scores, top 6 teams in each division and each session will be awarded if numbers of teams warrant it. Top 6 Overall teams in each division will be awarded after the last session if the numbers of team warrant it.

State Level 6-7 Developmental Camp -

- This camp is to take place in the summer and is to be hosted by a Colorado gym.
- The top 10 in each of the combined prime age group Level 6s and top 10 prime age group Level 7s, regardless of age, from the State Championships will qualify to attend the camp. If there are less than 10 in a level, then the available spots will be filled from the other level for a total number of 20 athletes.
- There will be 2 paid coaches to run the camp. The State Chairman will oversee the selection of the coaches.
- Camp contact form and payment are due prior to the start of camp.

State Clinic -

- The state clinic will be held during the summer at a Colorado club.
- Bids are due at the Spring Meeting following the State Championships.
- Any current USAGym male athlete in the state can attend the clinic.
- Any current USAGym coach can attend the clinic regardless of having attending athletes.
- The cost for the clinic is \$50 per athlete. There is a \$15 late fee for athletes that are added past the deadline.
- The state chairman is responsible for obtaining the necessary coaches based on the number of athletes that are attending.
- The State meeting will be held following the clinic.

State Future Stars Competition and Clinic -

- The Colorado State Future Stars Competition and Clinic will be held in September at a club in Colorado.
- The State Chairman is responsible for obtaining the sanction, assigning judges/clinicians, collecting entries and securing the location.
- Bids are due at the summer/fall State meeting.
- The cost of the entry fee, clinic and t-shirt or hoodie will be \$80.

State Meetings –

- State meetings will be held in the summer/fall following the state clinic and again in the spring during the first scheduled State Championship.
- The proposed agenda for the State meeting will be sent to the Board 3-4 weeks prior to the meeting. And once agreed upon, to all the clubs in the State 1-2 weeks prior to the meeting.
- The summer/fall meeting will include the competition calendar selection.
- A club representative or proxy must be present at the meeting to cast a vote on behalf of a club.

Club's Rights and Responsibilities -

- Current definition of a club is:
 - Current good standing USAGym club membership.
 - Must have registered athletes in any USAGym men's program under that club membership.
 - Must have a physical location.
 - Must have at least one Pro or Junior Pro member within the Men's discipline.
- On matters that require a public vote, each "club" gets one vote (based upon current definition of a "club").
- Elections for State Chairman and State Board will be done via an online vote. Nominations must be at least 2 weeks before the election and must include a short bio.

Changes to the Colorado State Rules and Policies –

- The Colorado R&P may be amended by a majority vote of the State Board. For a vote to take place, ALL board members must be present, either in person, over the phone or by proxy.